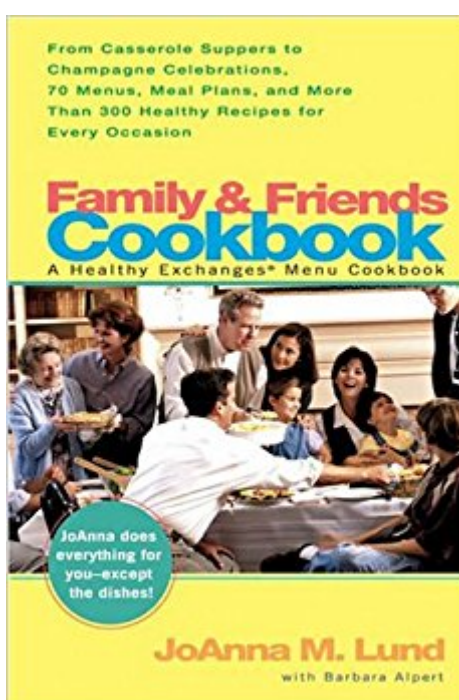


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# Family And Friends Cookbook: From Casserole Comforts To Champagne Wishes, 50 Menus, Meal Plans And 200



## Synopsis

From menus to meal plans, healthy recipes to brand selections and pantry tips, JoAnna M. Lund makes mealtime a breeze. Readers can use her menu suggestions to feed groups-from their closest kin to huge reunions. Whether it's an Old-Fashioned Chicken and Biscuits Dinner or a fresh Spring Fling, a Seaside Pasta Parade or a Sweet Summer Supper, hosts and hostess will be in and out of the kitchen faster than they can say Mocha Madness. Plus, when guests fill up on JoAnna's family-tested recipes, no one will ever know what's missing from these scrumptious concoctions: the fat, calories, and cholesterol! JoAnna covers: - Festive dishes for special occasions - Stress-free weeknight dinners - Buffets, brunches, and barbecues - Tips for cooking for a crowd - The ten commandments for healthy eating - Complete nutritional information for every recipe --This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

JoAnna M. Lund has been profiled in publications including People, New York Times, and Forbes, and has been featured on hundreds of radio and television shows. --This text refers to an out of print or unavailable edition of this title.

Love these books!! She is very easy to follow and makes her food with recipes that are easy to find ingredients for. I have ordered many and my husband and I both like the simplicity of the recipes.

I have tried almost all of these recipes and each one tasted great. I love the fact that each recipe is low-fat AND tastes great. I've tried recipes on family and friends and no one was able to guess that

it was low-fat. Everyone raved over them. I would buy one for all of my friends if I could afford to do so (but I don't want to give away all of my "secrets").

So far everything I have cooked from this cookbook has been excellent, easy to make and recipes are easy to follow. I would recommend this book to anyone!!

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